

ECOCARDIOGRAFIA 2015

XVII Congresso Nazionale SIEC

Hotel Royal Continental

Napoli, 16-18 Aprile 2015



ASPETTI CONTROVERSI DELLA STENOSI AORTICA

Chairmen: A. Alberti (Milano), G. La Canna (Milano)

Stenosi aortica low flow-low gradient: esiste veramente?

Patrizia Celli - Paolo G. Pino

I U.O. Cardiologia - UTIC

Azienda Ospedaliera San Camillo-Forlanini - Roma



Guidelines on the management of valvular heart disease (version 2012)

Echocardiographic criteria for the definition of severe valve stenosis: an integrative approach

	Aortic stenosis	Mitral stenosis	Tricuspid stenosis
Valve area (cm ²)	<1.0	<1.0	–
Indexed valve area (cm ² /m ² BSA)	<0.6	–	–
Mean gradient (mmHg)	>40 ^a	>10 ^b	≥5
Maximum jet velocity (m/s)	>4.0 ^a	–	–
Velocity ratio	<0.25	–	–

AVA <1.0 cm² or AVA index <0.6 cm²/m²

normal flow; SVI >35 ml/m², CI >3.0 l/min/m²



NF HG AS
PGmean ≥40 mmHg
LVEF ≥ or <50%

normal flow
high gradient
normal or reduced LVEF
– majority of patients



NF LG AS
PGmean <40 mmHg
AVA mostly 0.8-1.0 cm²
LVEF ≥50%

normal flow
low gradient
preserved EF
AVA - PG discordance may be due to:
– underestimation of LVOT area and flow
– small BSA
– inconsistency of cut-offs for AVA and PG
→ mostly NON-severe AS

low flow; SVI ≤35 ml/m², CI <3.0 l/min/m²



classical LF LG AS
PGmean <40 mmHg
LVEF <40%

low flow
low gradient
reduced EF
enlarged LV
impaired myocardial contractility
worst prognosis



**“paradoxical”
LF LG AS**
PGmean <40 mmHg
LVEF ≥50%

low flow
low gradient
preserved EF
Exclude reasons for AVA - PG discordance
(see above)
small LV cavity, LVH
reduced LV longitudinal function
myocardial fibrosis
art. hypertension, older age, female
worse prognosis (compared to NF HG AS)

AVA <1.0 cm² or AVA index <0.6 cm²/m²

low flow; SVI ≤35 ml/m², CI <3.0 l/min/m²



classical LF LG AS

PGmean <40 mmHg

LVEF <40%

low flow

low gradient

reduced EF

enlarged LV

impaired myocardial contractility

worst prognosis



“paradoxical”

LF LG AS

PGmean <40 mmHg

LVEF ≥50%

low flow

low gradient

preserved EF

Exclude reasons for AVA - PG discordance
(see above)

small LV cavity, LVH

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myocardial fibrosis

art. hypertension, older age, female

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AVA <1.0 cm² or AVA index <0.6 cm²/m²

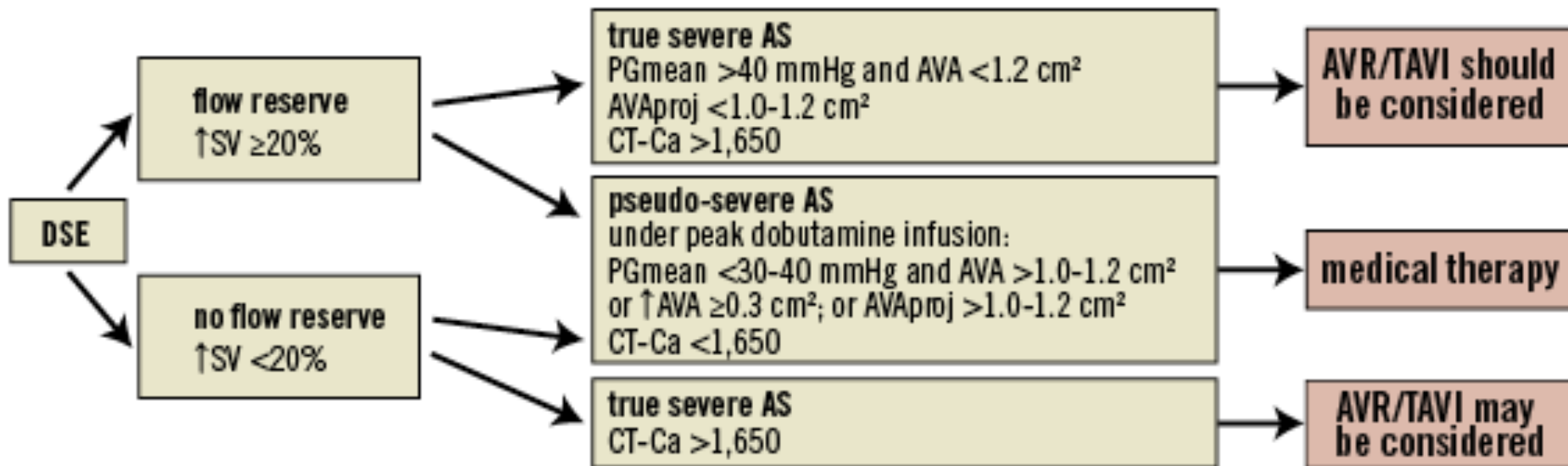
low flow; SVI ≤35 mL/m², CI <3.0 L/min/m²

5 - 10%



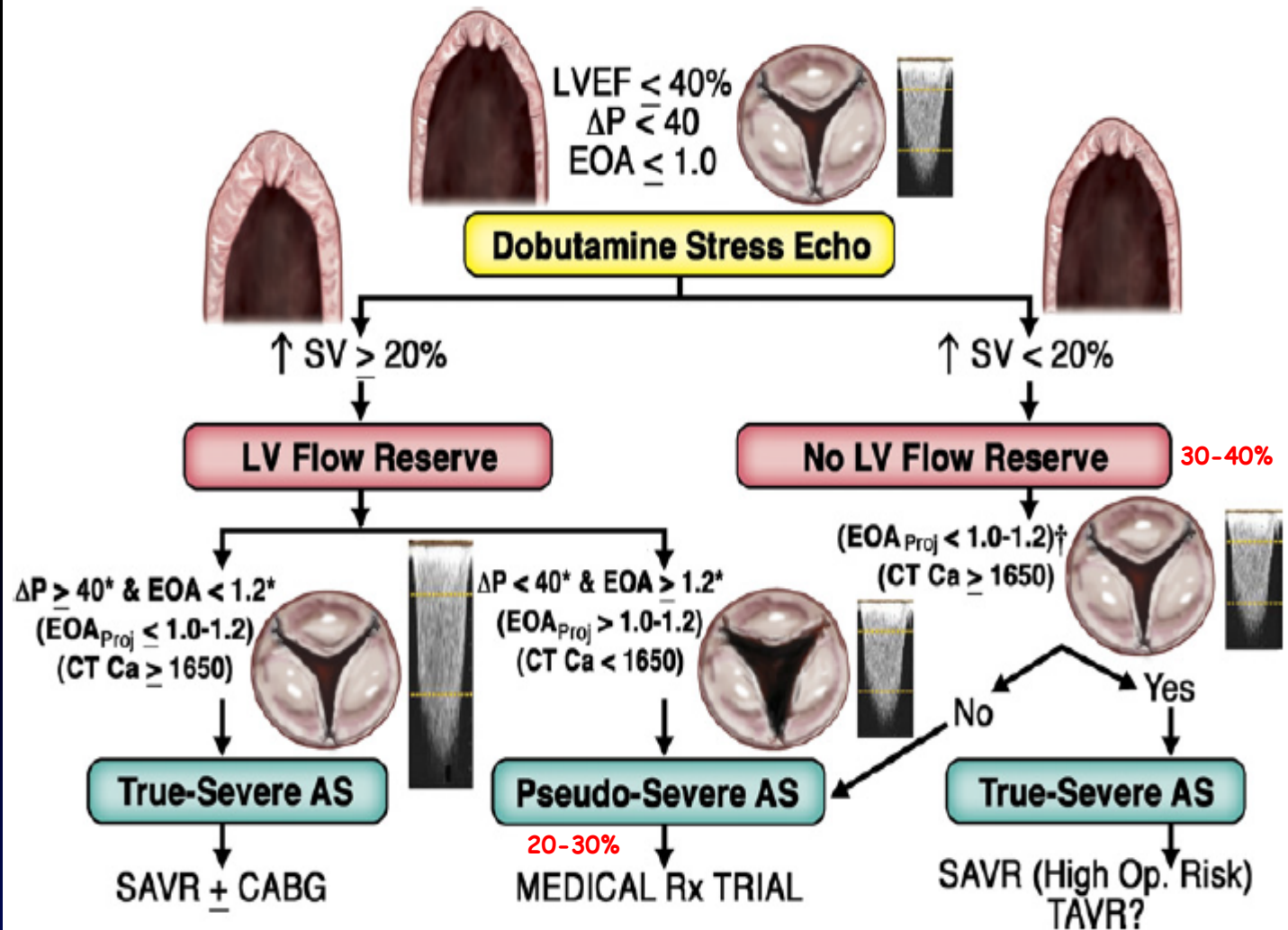
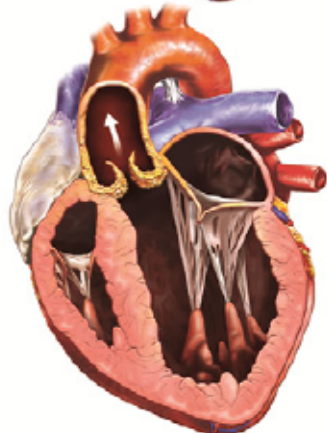
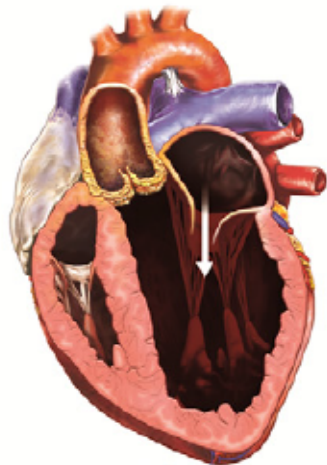
classical LF LG AS
PGmean <40 mmHg
LVEF <40%

low flow
low gradient
reduced EF
enlarged LV
impaired myocardial contractility
worst prognosis



Sao LF-LG : sopravvivenza a 3aa <50% in terapia medica,
 ma rischio operatorio alto: 5 - 8% se presente riserva contrattile,
 dal 22 al 33% se assente riserva contrattile,
 oltre ad alta incidenza di malattia coronarica (46-79%)

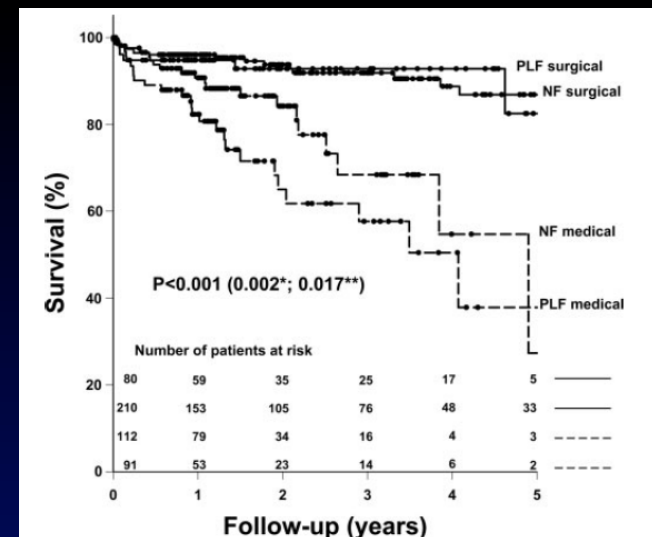
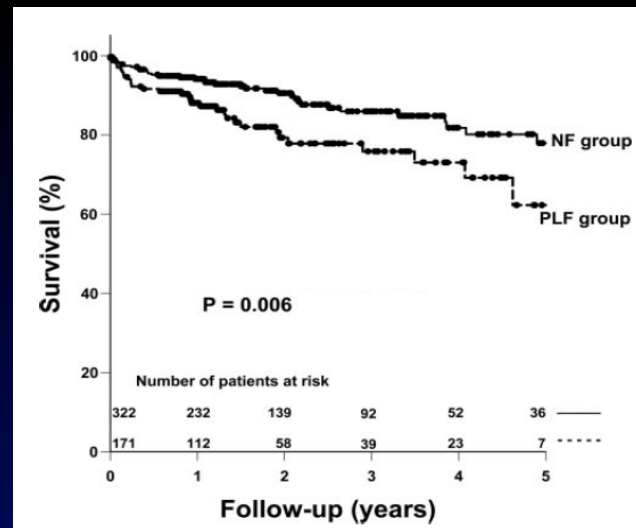
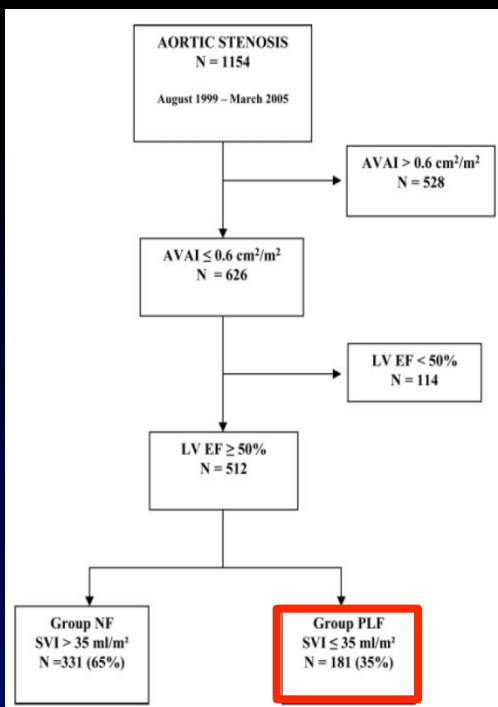
LOW-LVEF
 "CLASSICAL"
 LOW-FLOW,
 LOW-GRADIENT AS



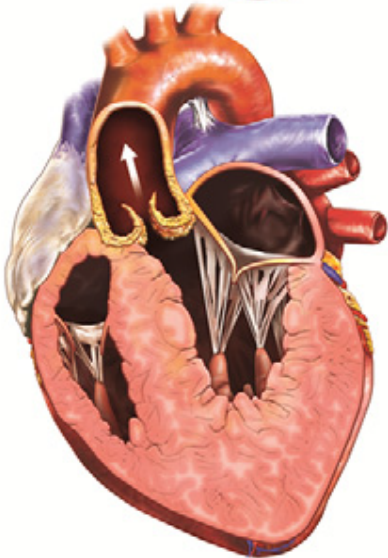
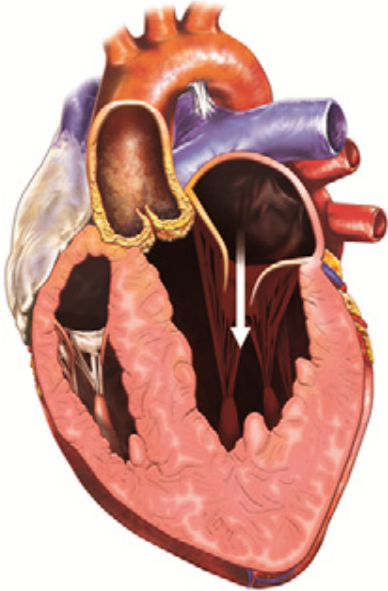
Paradoxical Low-Flow, Low-Gradient Severe Aortic Stenosis Despite Preserved Ejection Fraction Is Associated With Higher Afterload and Reduced Survival

Zeineb Hachicha, MD; Jean G. Dumesnil, MD; Peter Bogaty, MD; Philippe Pibarot, DVM, PhD

Conclusion—Patients with severe aortic stenosis may have low transvalvular flow and low gradients despite normal LV ejection fraction. A comprehensive evaluation shows that this pattern is in fact consistent with a **more advanced stage of the disease and has a poorer prognosis**. Such findings are clinically relevant because this condition may often be misdiagnosed, which leads to a neglect and/or an underestimation of symptoms and an inappropriate delay of aortic valve replacement surgery. (*Circulation*. 2007;115:2856-2864.)



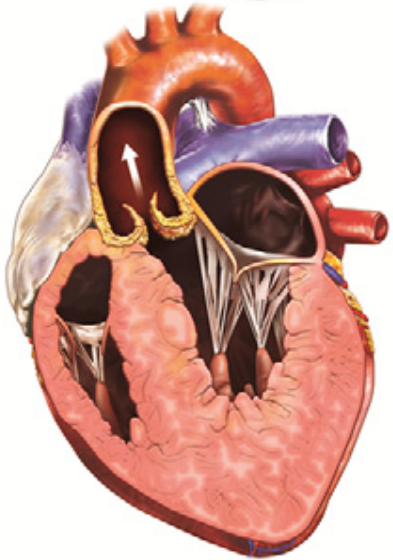
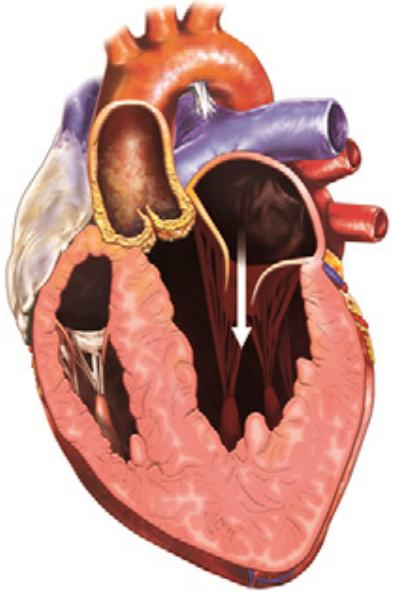
**NORMAL-LVEF
“PARADOXICAL”
LOW-FLOW,
LOW-GRADIENT**



SAO PARADOSSA LOW FLOW- LOW GRADIENT: aspetti clinici

- pazienti anziani
- in genere di sesso femminile
- con storia di ipertensione inveterata
- sindrome metabolica
- insulino resistenza

NORMAL-LVEF
"PARADOXICAL"
LOW-FLOW,
LOW-GRADIENT



Sao PARADOSSA LOW FLOW-LOW GRADIENT: aspetti fisiopatologici

- ventricoli piccoli e ipertrofici, con marcato rimodellamento concentrico e fibrosi miocardica
- riempimento ventricolare di *tipo restrittivo*
- disfunzione miocardica intrinseca, relata a fibrosi subendocardica e meglio valutata come accorciamento medio-parietale o longitudinale
- ridotta compliance arteriosa sistemica con normali valori di PA nonostante il basso flusso (pseudonormalizzazione)
- impedenza valvulo-arteriosa (Z_{va}) (*espressione del carico emodinamico globale del V_{sn}*) aumentata ($v_n \leq 4,5 \text{ mmHg/mL/m}^2$)

SAo LOW FLOW- LOW GRADIENT: PITFALLS

sottostima dell'area del tratto di efflusso V_{sn}

(forma ovale e non rotonda !!)

E campionamento del PW in efflusso sinistro troppo

BASSO:



RIDOTTO STROKE VOLUME

NORMAL-LVEF
“PARADOXICAL”
LOW-FLOW,
LOW-GRADIENT

SAo LOW FLOW- LOW GRADIENT: DIAGNOSI

VALVOLA AORTICA:

- Area < 1cmq, AreaI < 0,6cm²/m², DVI < 0,25
- Valvola calcifica o marcatamente ispessita
- Δ medio < 40mmHg
- $Z_{va} > 4,5\text{mmHg/ml/m}^2$

VENTRICOLO SINISTRO:

- DTD < 47mm, VTDi < 55ml/m²
- Spessore relativo di parete > 0,50
- Alterato riempimento Vsn (restrittivo)
- FE > 50%
- Strain globale longitudinale < 15%
- SVi < 35ml/m²

Left Ventricular Restrictive Filling Pattern and the Presence of Contractile Reserve in Patients with Low-Flow/Low-Gradient Severe Aortic Stenosis

(Echocardiography 2015;32:65–70)

Ragab A. Mahfouz, M.D., Ahmed El Zayat, M.D., and Ahmed Yousry, M.D.

Conclusion:

In patients with low-flow/low-gradient severe aortic stenosis, presence of restrictive pattern of diastolic dysfunction on baseline echo Doppler study may predict lack of contractile reserve in such patients.

Strain analysis in patients with severe aortic stenosis and preserved left ventricular ejection fraction undergoing surgical valve replacement

Victoria Delgado, Laurens F. Tops, Rutger J. van Bommel, Frank van der Kley, Nina Ajmone Marsan, Robert J. Klautz, Michel I.M. Versteegh, Eduard R. Holman, Martin J. Schalij, and Jeroen J. Bax*

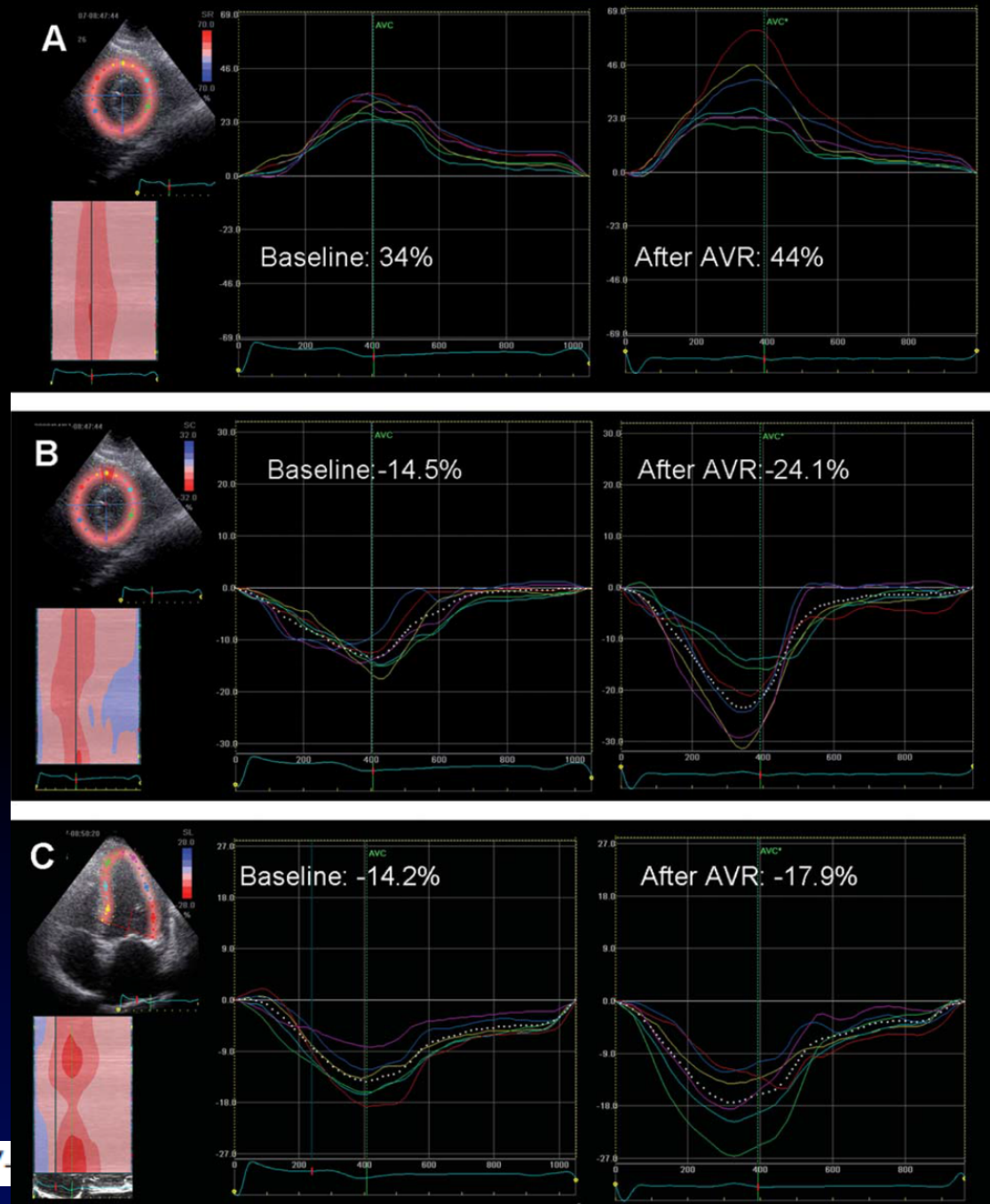
Aims

To evaluate myocardial multidirectional strain and strain rate (S-and-SR) in severe aortic stenosis (AS) patients with preserved left ventricular (LV) ejection fraction (EF), using two-dimensional speckle-tracking strain imaging (2D-STI). The long-term effect of aortic valve replacement (AVR) on S-and-SR was also evaluated.

Conclusion

In severe AS patients, impaired LV S-and-SR existed although LVEF was preserved. After AVR, a significant S-and-SR improvement in all the three directions was observed. These subtle changes in LV contractility can be detected by 2D-STI.

Strain analysis in
 (A) radial,
 (B) circumferential and
 (C) longitudinal
 directions before and
 after aortic valve
 replacement



Two-Dimensional Strain for the Assessment of Left Ventricular Function in Low Flow–Low Gradient Aortic Stenosis, Relationship to Hemodynamics, and Outcome

A Substudy of the Multicenter TOPAS Study

Philipp Emanuel Bartko, MD; Georg Heinze, PhD; Senta Graf, MD; Marie-Annick Clavel, DVM, PhD; Aliasghar Khorsand, PhD; Jutta Bergler-Klein, MD; Ian Gordon Burwash, MD; Jean Gaston Dumesnil, MD; Mario Sénéchal, MD; Helmut Baumgartner, MD; Raphael Rosenhek, MD; Philippe Pibarot, DVM, PhD; Gerald Mundigler, MD

Circ Cardiovasc Imaging March 2013

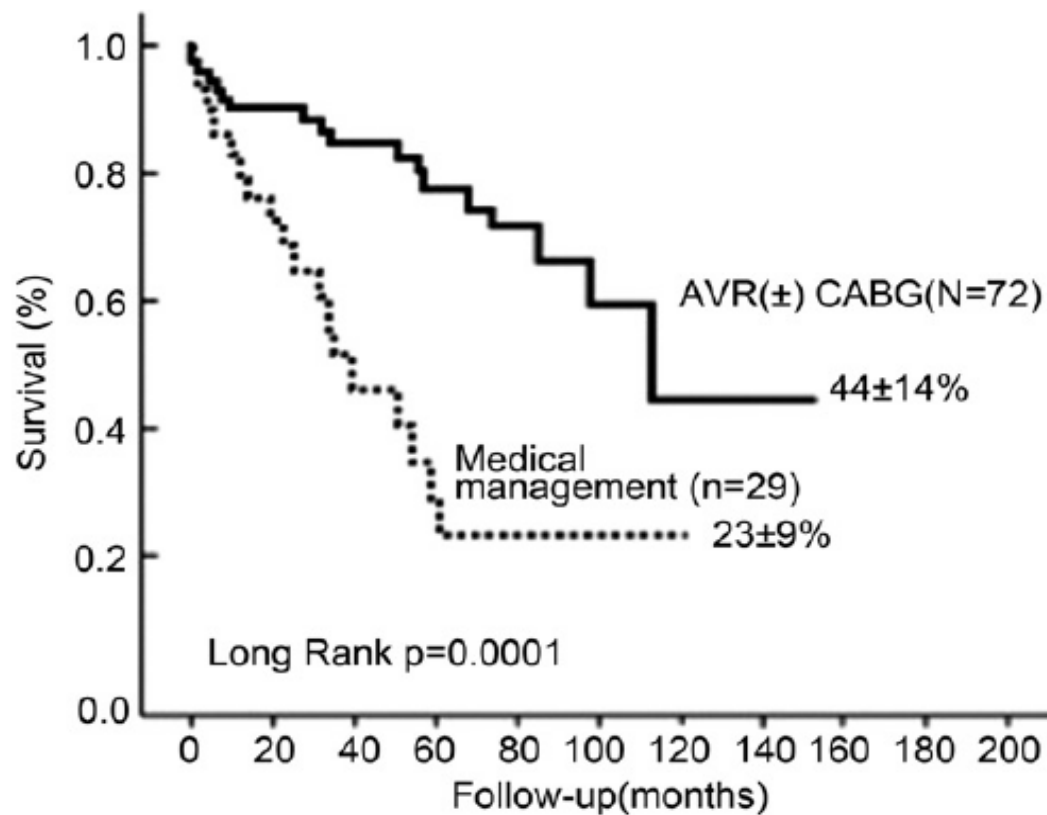
Univariate Cox Regression Analyses of Mortality

Variable	Univariate HR (95% CI)	P Value	Variable	Univariate HR (95% CI)	P Value
Age (per decade)	1.40 (0.87–2.24)	0.1620	Mean transvalvular flow at rest (per 50 mL/s)	0.63 (0.37–1.07)	0.0875
Body surface area (per m ²)	1.77 (0.22–14.3)	0.5903	Peak stress LVEF	0.89 (0.83–0.96)	0.0026
Society of Thoracic Surgeons score	1.04 (1.00–1.07)	0.045	Peak stress EOA	0.30 (0.05–1.87)	0.1960
CAD (present vs absent)	2.40 (0.68–8.43)	0.1722	Peak stress SVi	0.96 (0.91–1.00)	0.0496
Type of treatment (valvular intervention vs medical)	0.53 (0.18–1.62)	0.2680	Peak stress mean transvalvular flow (per 100 mL/s)	0.43 (0.22–0.84)	0.0135
NT-proBNP (per doubling)	2.21 (1.48–3.29)	0.0001	Peak stress PLS	1.35 (1.15–1.58)	0.0002
LVEF at rest (per 10%)	0.70 (0.31–1.56)	0.3770	Peak stress PLSR (per 0.1%)	1.56 (1.27–1.93)	<0.0001
EOA at rest (per 0.1 cm ²)	0.89 (0.70–1.14)	0.3526	EOA projected (per 0.2 cm ²)	0.74 (0.35–1.55)	0.417
SV at rest (per 10 mL/s)	0.86 (0.65–1.13)	0.2804	Contractile reserve (yes vs no)	0.64 (0.24–1.70)	0.3669
SVi at rest (per 10 mL/m ²)	0.67 (0.38–1.17)	0.1540			

Low-Flow, Low-Gradient Aortic Stenosis With Normal and Depressed Left Ventricular Ejection Fraction

Philippe Pibarot, DVM, PhD, Jean G. Dumesnil, MD

Québec City, Québec, Canada



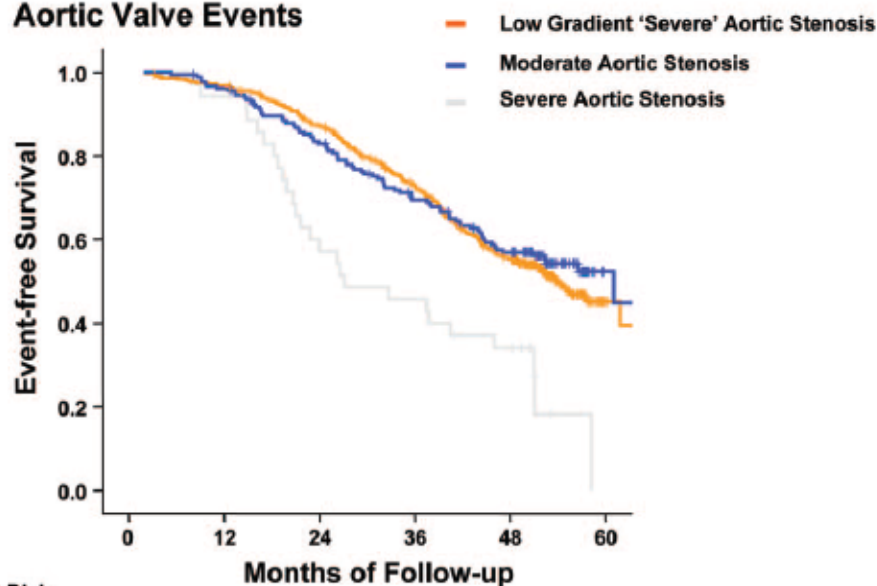
Impact of AVR on Survival in Patients With Paradoxical LF-LG AS

Outcome of Patients With Low-Gradient “Severe” Aortic Stenosis and Preserved Ejection Fraction

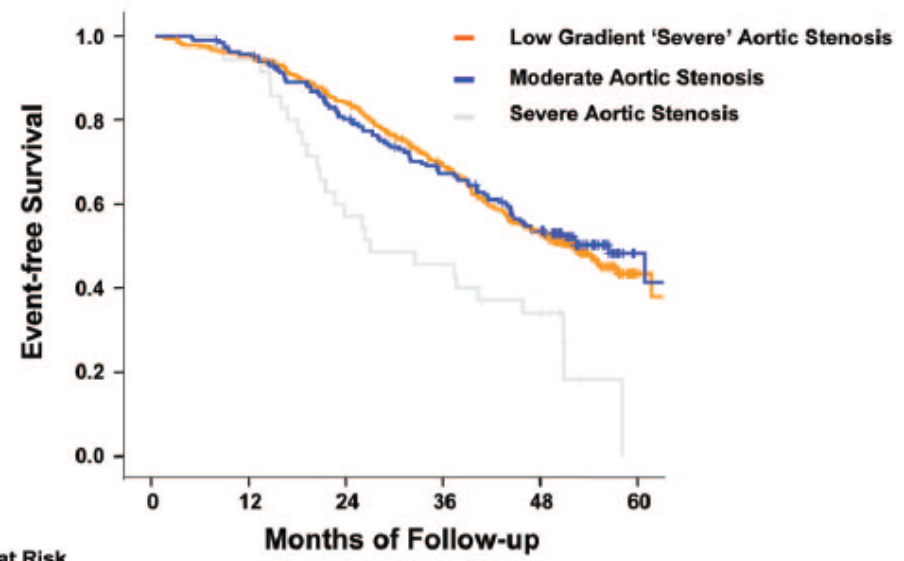
Nikolaus Jander, MD*; Jan Minners, MD, PhD*; Ingar Holme, PhD; Eva Gerds, MD, PhD; Kurt Boman, MD, PhD; Philippe Brudi, MD; John B. Chambers, MD; Kenneth Egstrup, MD, PhD; Y. Antero Kesäniemi, MD, PhD; William Malbecq, PhD; Christoph A. Nienaber, MD; Simon Ray, MD; Anne Rossebø, MD; Terje R. Pedersen, MD, PhD; Terje Skjærpe, MD, PhD; Ronnie Willenheimer, MD, PhD; Kristian Wachtell, MD, PhD; Franz-Josef Neumann, MD; Christa Gohlke-Bärwolf, MD

Conclusions—Patients with low-gradient “severe” aortic stenosis and normal ejection fraction have an outcome similar to that in patients with moderate stenosis. (*Circulation*. 2011;123:887-895.)

Aortic Valve Events



Major Cardiovascular Events

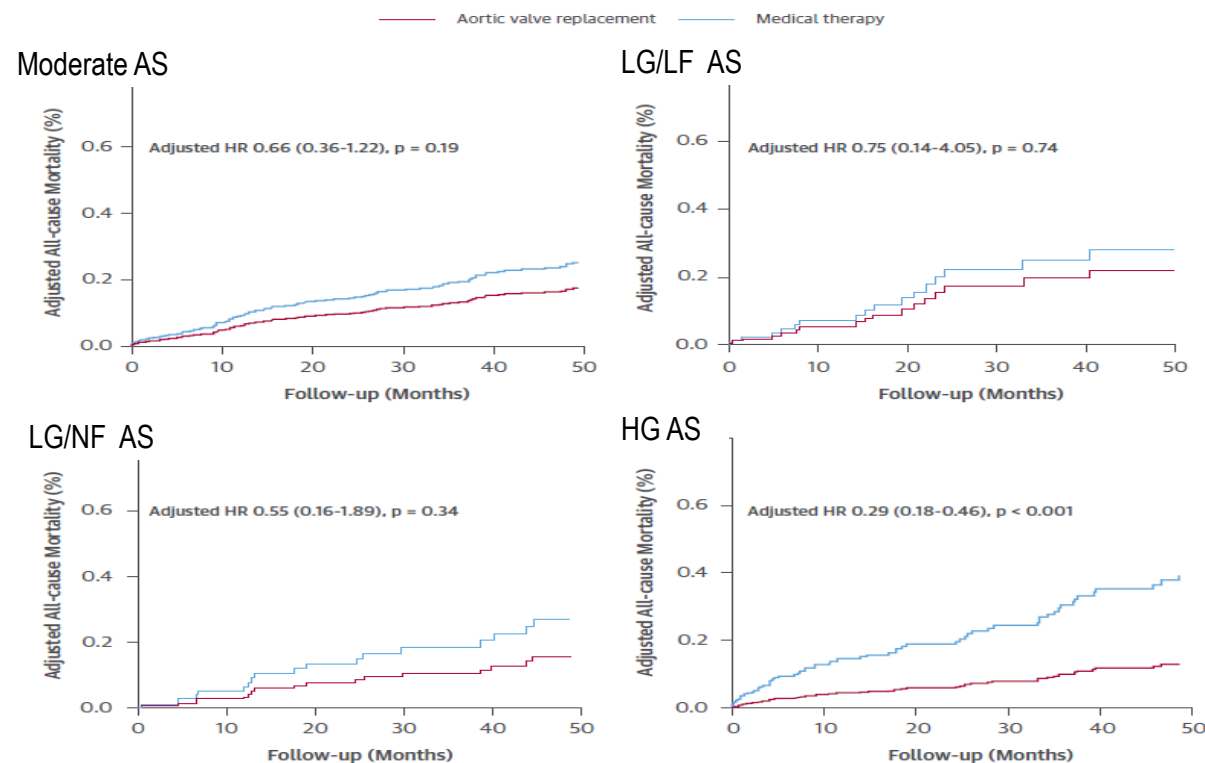


Low-Gradient, Low-Flow Severe Aortic Stenosis With Preserved Left Ventricular Ejection Fraction

Characteristics, Outcome, and Implications for Surgery

Christophe Tribouilloy, MD, PhD,*† Dan Rusinaru, MD, PhD,*‡ Sylvestre Maréchaux, MD, PhD,§
Anne-Laure Castel, MD,* Nicolas Debry, MD,§ Julien Maizel, MD, PhD,† Romuald Mentaverri, PHARM D, PhD,†
Said Kamel, PHARM D, PhD,† Michel Slama, MD, PhD,† Franck Lévy, MD*†

FIGURE 4 Comparison Between Adjusted Mortality Curves of Each of the 4 Groups of AS Patients With Surgical (AVR) Versus Medical Management

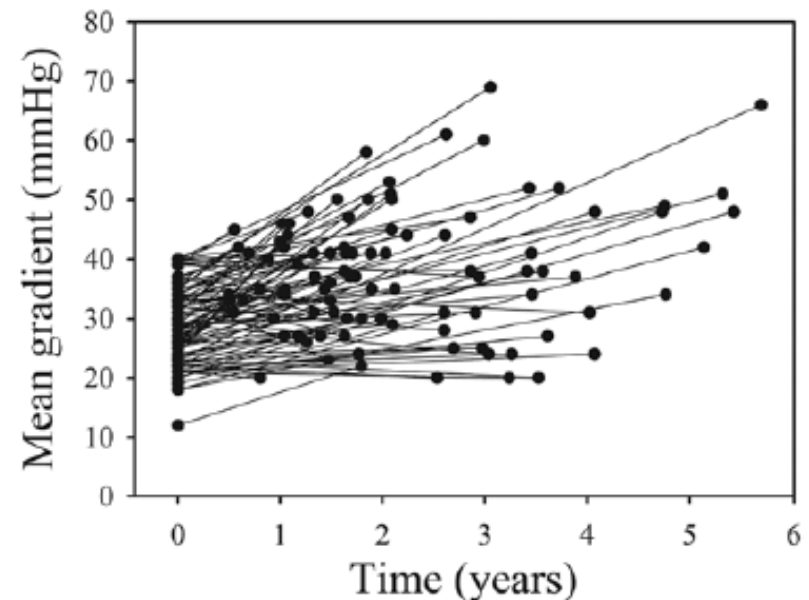
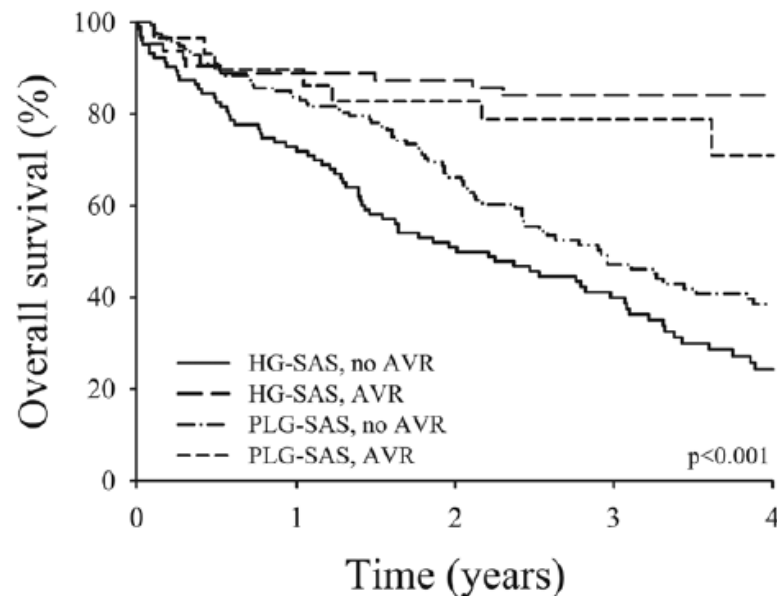


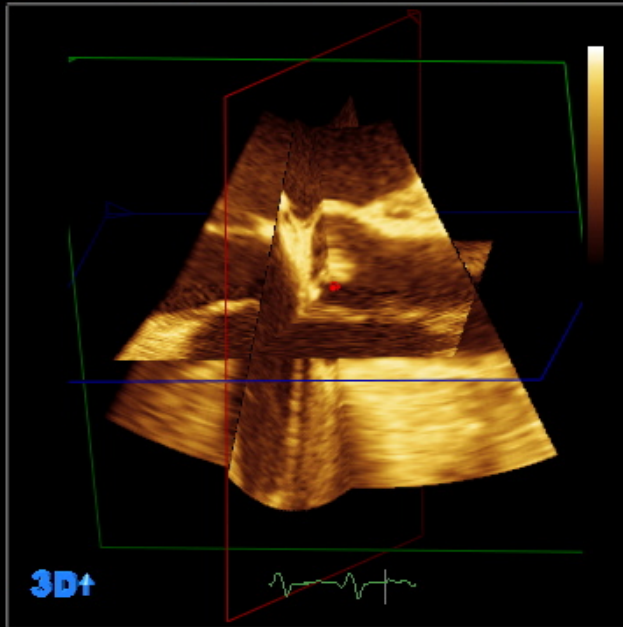
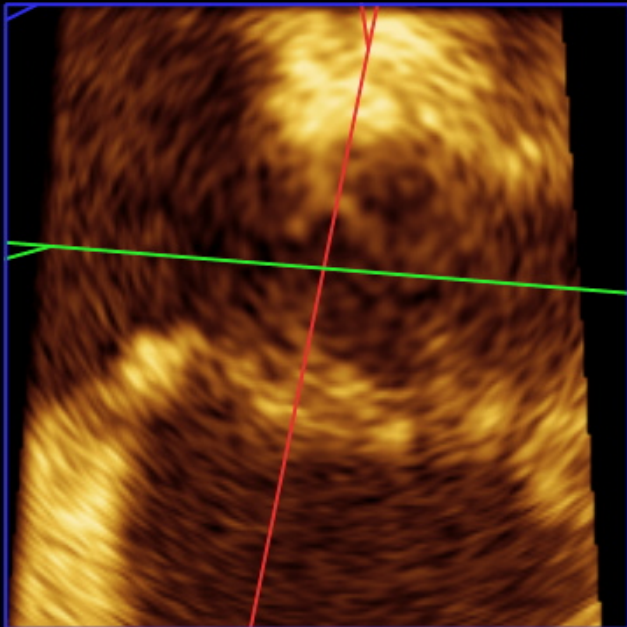
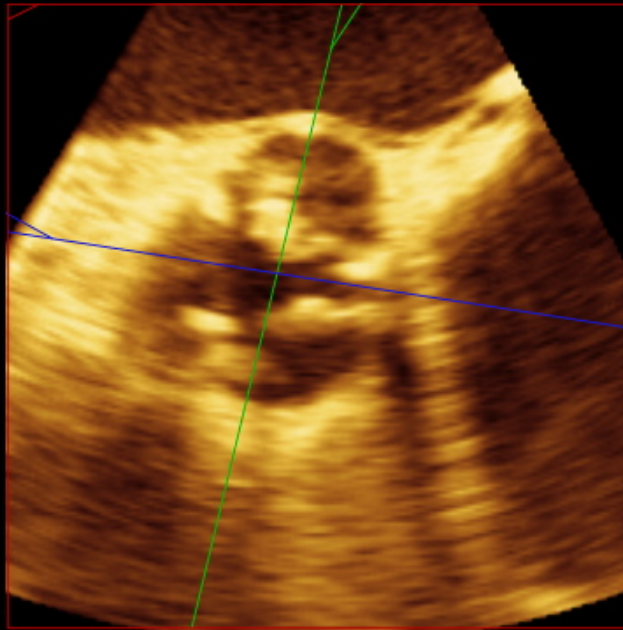
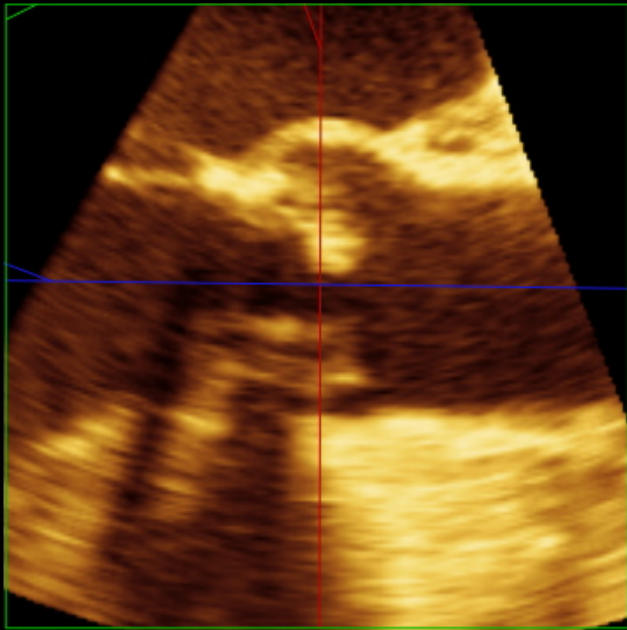
CONCLUSIONS In this study, the outcome of severe LG/LF aortic stenosis with preserved EF was similar to that of mild-to-moderate aortic stenosis and was not favorably influenced by aortic surgery. Further research is needed to better understand the natural history and the progression of LG/LF aortic stenosis. (J Am Coll Cardiol 2015;65:55-66)

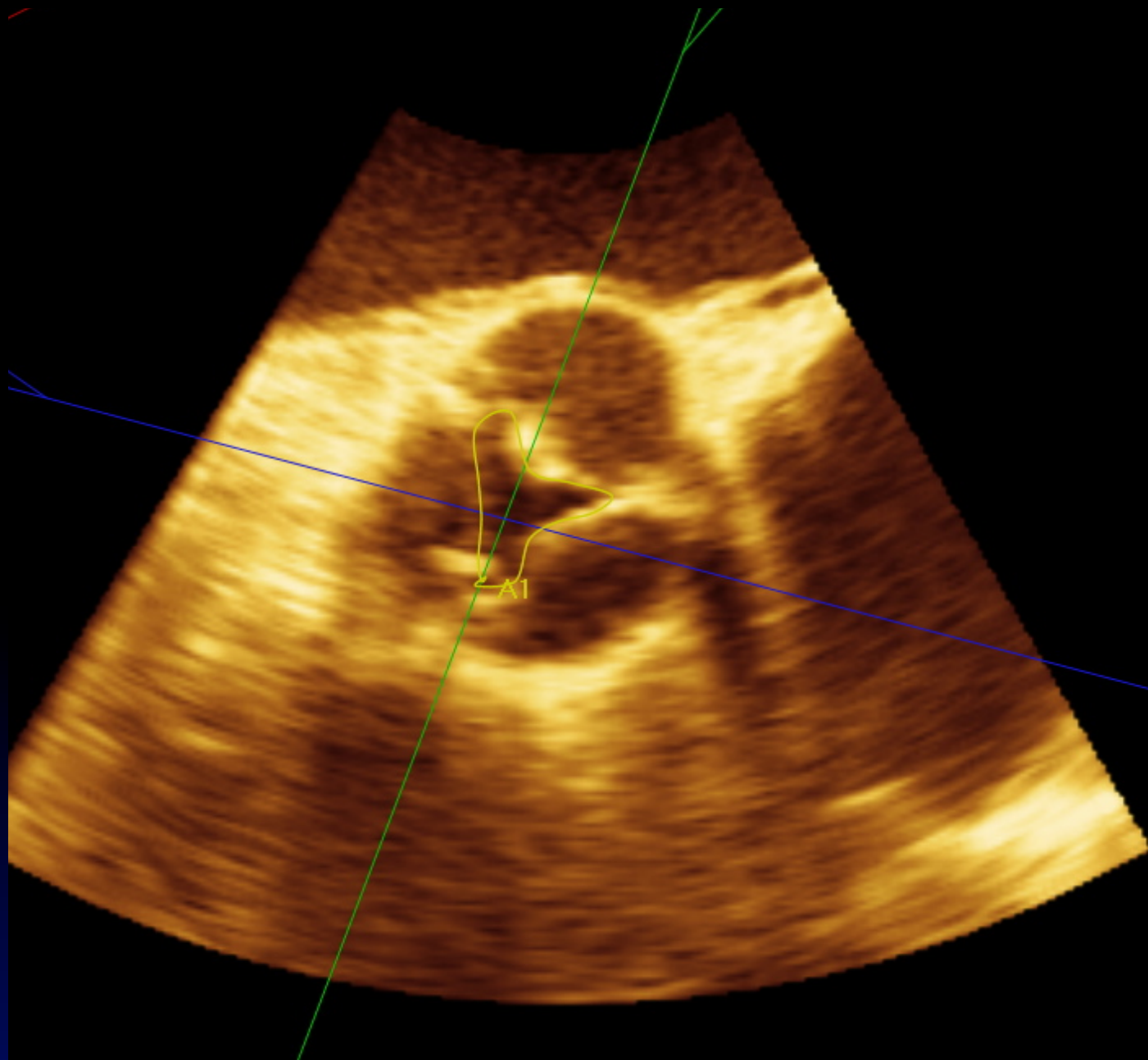
Natural History of Paradoxical Low-Gradient Severe Aortic Stenosis

Frédéric Maes, MD*; Jamila Boulif, MS*; Sophie Piérard, MD; Christophe de Meester, MS;
Julie Melchior, MD; Bernhard Gerber, MD, PhD; David Vancraeynest, MD, PhD;
Anne-Catherine Pouleur, MD, PhD; Siham Lazam, MS; Agnès Pasquet, MD, PhD;
Jean-Louis Vanoverschelde, MD, PhD

Conclusions—Our study indicates that PLG-SAS is a less malignant form of AS compared with HG-SAS, because their spontaneous outcome is better. We further demonstrated that patients with PLG-SAS are en route toward the more severe HG-SAS form, because the majority of them evolve into HG-SAS over time. (*Circ Cardiovasc Imaging*. 2014;7:714-722.)





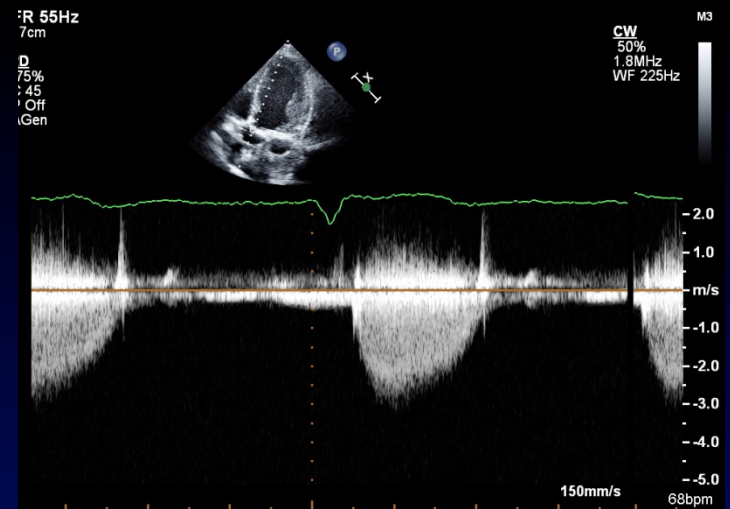
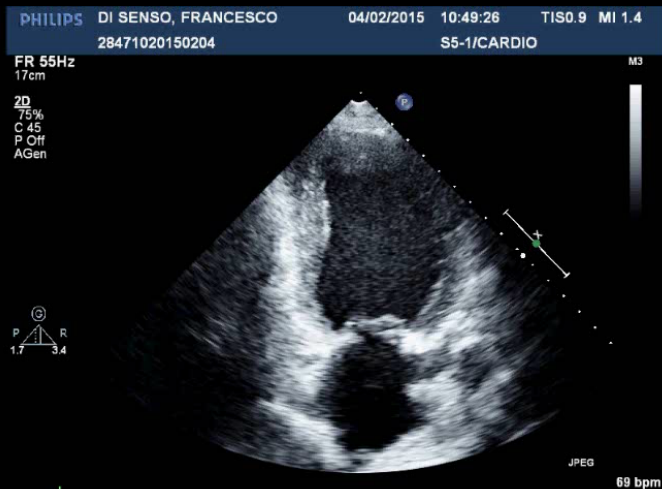
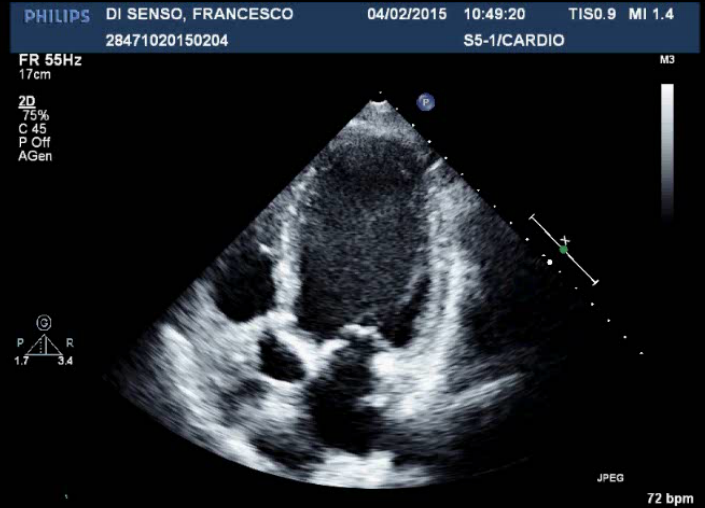
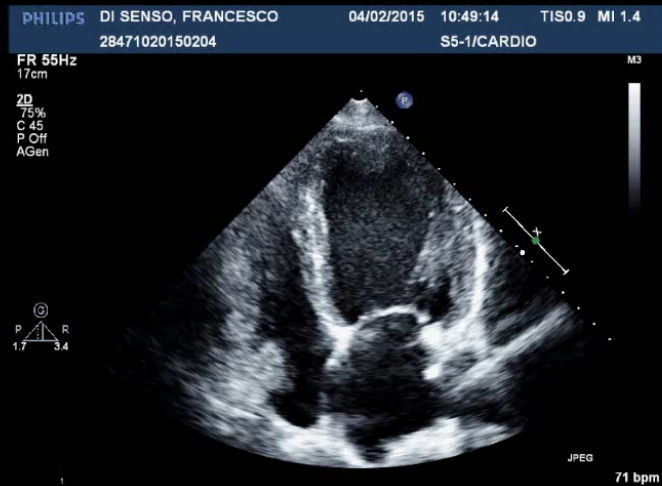


Area

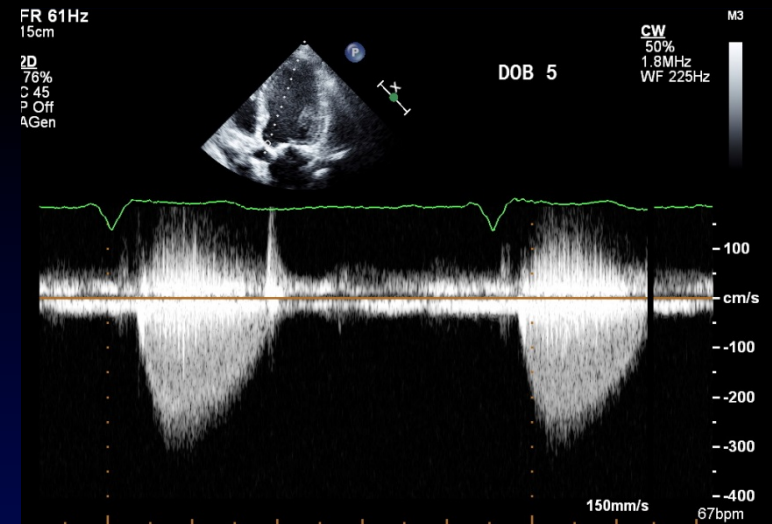
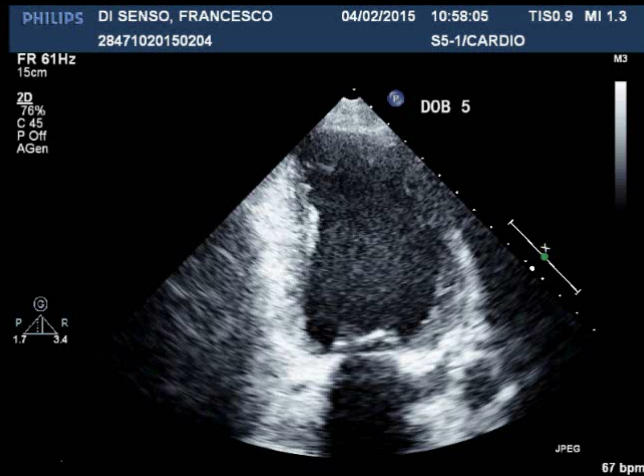
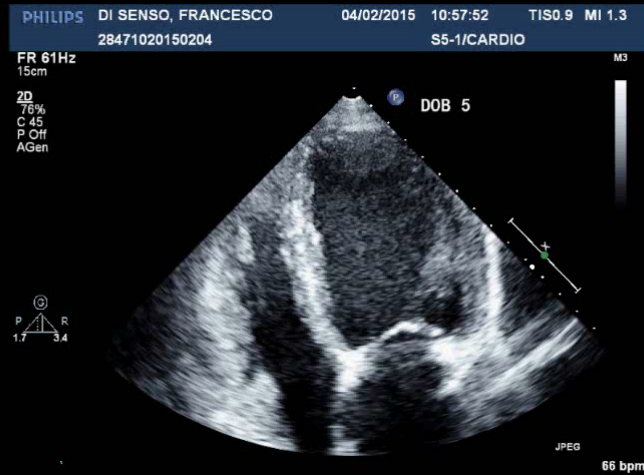
$A1 = 0.64 \text{ cm}^2$

I x

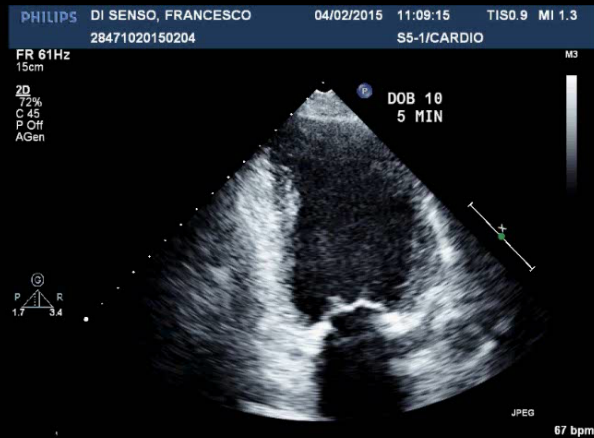
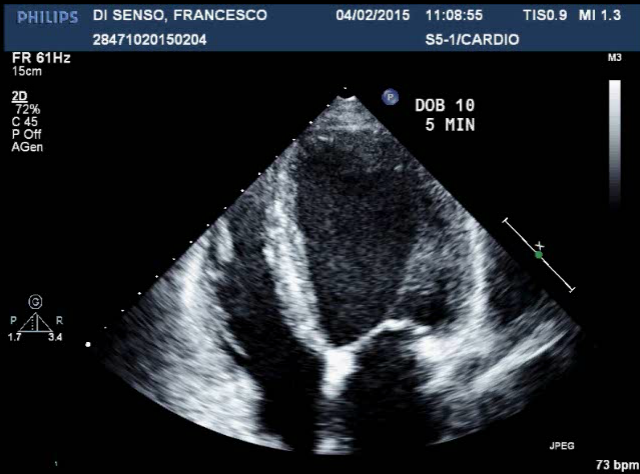
ECO STRESS BASE



ECO STRESS Dobutamina 5γ/Kg/min



ECO STRESS Dobutamina 10 γ /Kg/min



ECO STRESS ACME

Dobutamina 20 γ /Kg/min

PHILIPS DI SENSO, FRANCESCO 04/02/2015 11:22:58 TIS0.9 MI 1.4
28471020150204 S5-1/CARDIO

FR 55Hz
17cm

2D
75%
C 45
P Off
AGen

DOB STOP

P R
1.7 3.4

JPEG

103

FR 61Hz
15cm

2D
75%
C 45
P Off
AGen

DOB STOP

CW
50%
1.8MHz
WF 225Hz

M3

-1.0

m/s

-1.0

-2.0

-3.0

-4.0

-5.0

150mm/s

105bpm

PHILIPS DI SENSO, FRANCESCO 04/02/2015 11:23:04 TIS0.9 MI 1.4
28471020150204 S5-1/CARDIO

FR 55Hz
17cm

2D
75%
C 45
P Off
AGen

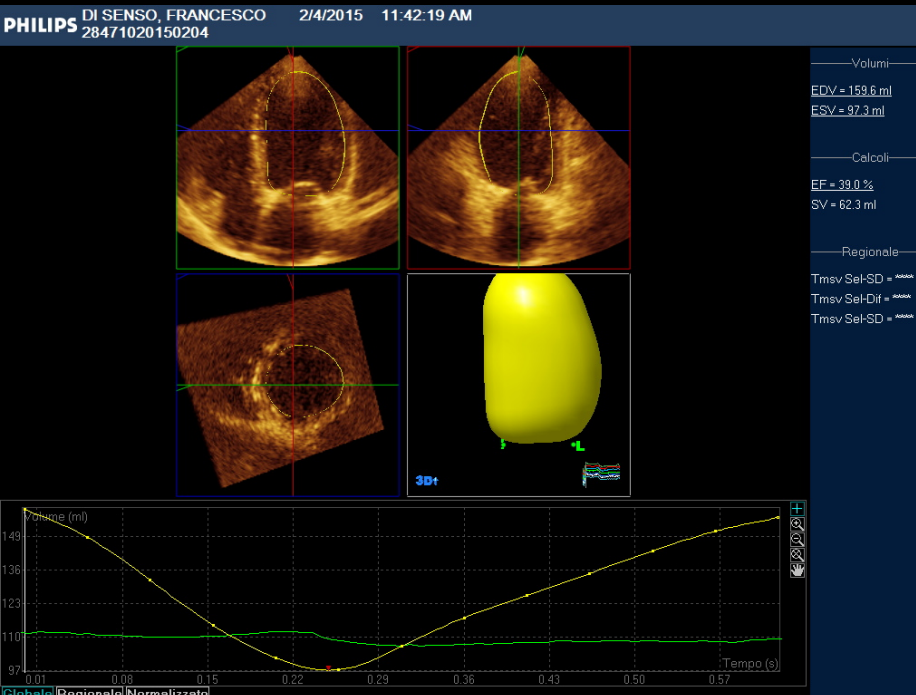
DOB STOP

P R
1.7 3.4

JPEG

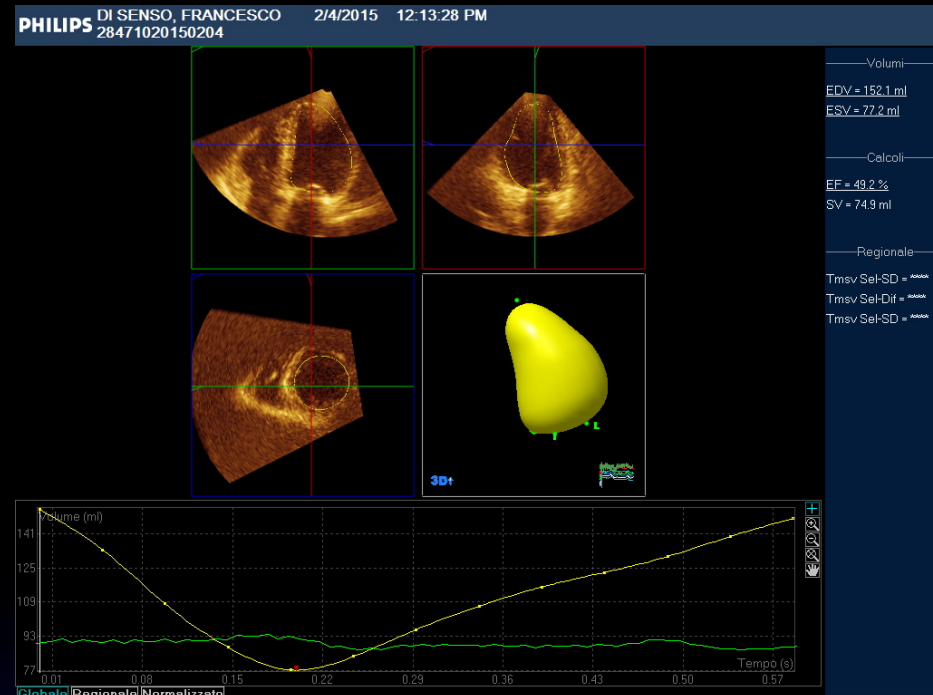
104 bpm

Calcolo di FE e SV di base e dopo ECO Dob



Calcoli

EF= 39,0%
SV= 62,3 ml
SVI= 34,6ml

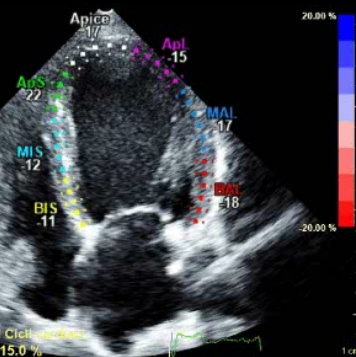


Calcoli

EF= 49,2%
SV= 74,9 ml
SVI= 41,6ml

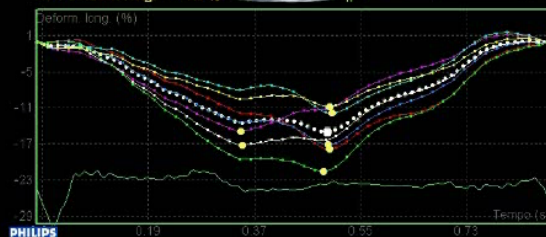
STRAIN BASE

AP4 1/1
10:49:16
HR = 71 bpm
SD tempo = 66.9 ms

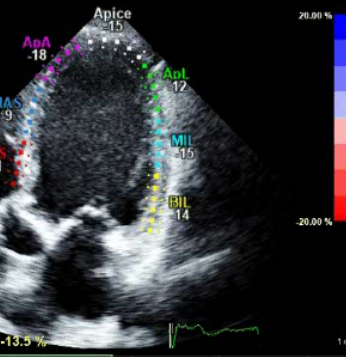


Misurazioni	
EDV	177.7 ml
ESV	107.6 ml
EF	39.5 %
Cicli cardiaci	
AVR-R	845 ms
MVR-R	845 ms

Immetti tempo AVC nel Ciclo di Strain
AP4 Deform. long. = -15.0 %

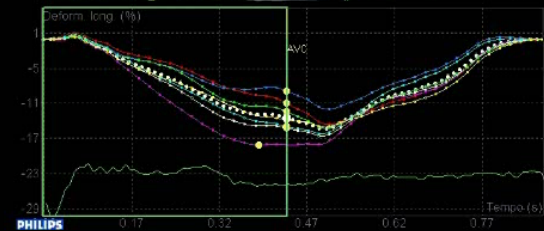


AP3 1/1
10:49:22
HR = 72 bpm
SD tempo = 16.5 ms

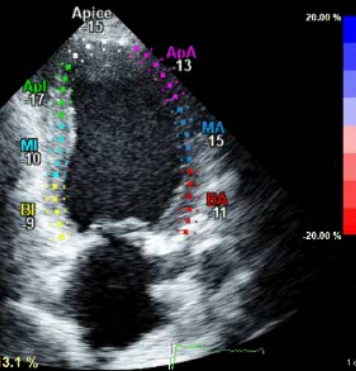


Cicli cardiaci	
R-AVC	419 ms
AVR-R	845 ms
MVR-R	845 ms

AP3 Deform. long. = -13.5 %

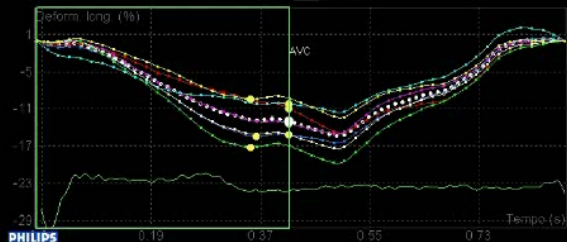


AP2 1/1
10:49:27
HR = 69 bpm
SD tempo = 30.3 ms



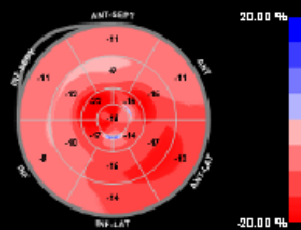
Misurazioni	
EDV	156.2 ml
ESV	79.8 ml
EF	48.9 %
Cicli cardiaci	
R-AVC	418 ms
AVR-R	845 ms
MVR-R	845 ms

AP2 Deform. long. = -13.1 %



■ Deform. sistolica di picco

■ Tempo piccolo



HR (Med.) = 71 bpm

EDV (Bi-plane) = 166.9 ml

ESV (Bi-plane) = 93.7 ml

EF (Bi-plane) = 43.9 %

SD tempo = 50.7 ms

AP2 Deform. long. = -13.1 %

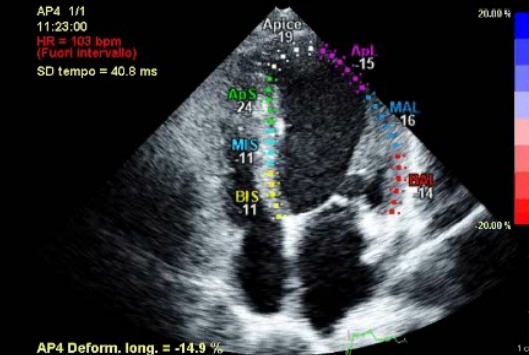
AP4 Deform. long. = -15.0 %

AP3 Deform. long. = -13.5 %

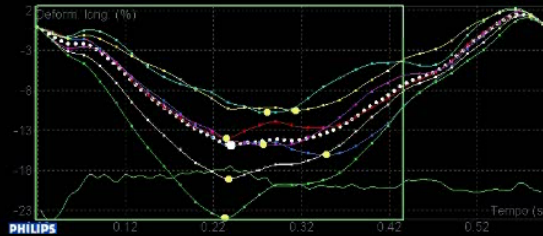
Globale Deform. long. = -13.9 %

STRAIN DOBUTAMINA

AP4 1/1
11:23:00
HR = 103 bpm
(Fuori intervallo)
SD tempo = 40.8 ms

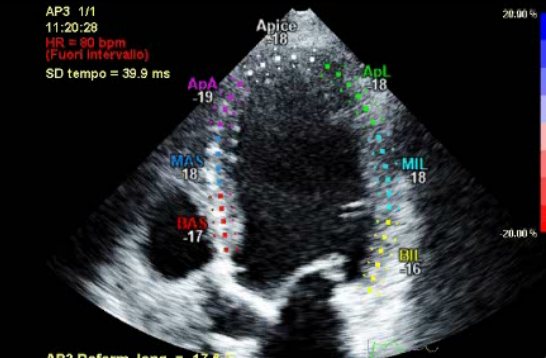


AP4 Deform. long. = -14.9 %

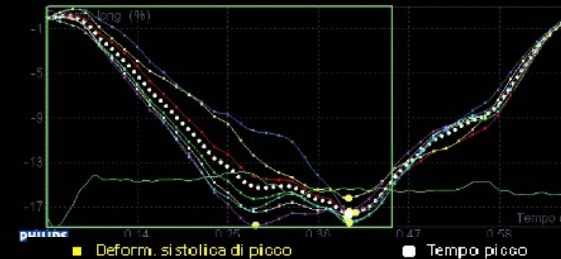


Misurazioni
EDV 130.0 ml
ESV 69.8 ml
EF 46.3 %
Cicli cardiaci
R-AVC 418 ms
AV R-R 845 ms
MV R-R 845 ms

AP3 1/1
11:20:28
HR = 80 bpm
(Fuori intervallo)
SD tempo = 39.9 ms

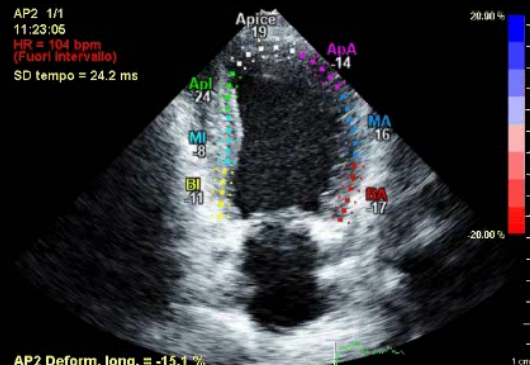


AP3 Deform. long. = -17.0 %

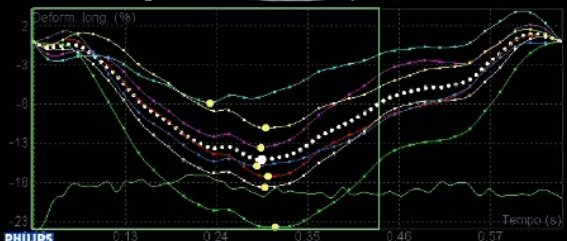


Cicli cardiaci
R-AVC 418 ms
AV R-R 845 ms
MV R-R 845 ms

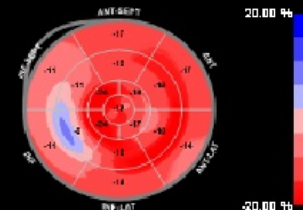
AP2 1/1
11:23:05
HR = 104 bpm
(Fuori intervallo)
SD tempo = 24.2 ms



AP2 Deform. long. = -15.1 %



Misurazioni
EDV 130.5 ml
ESV 69.2 ml
EF 47.8 %
Cicli cardiaci
R-AVC 418 ms
AV R-R 845 ms
MV R-R 845 ms



HR (Med.) = 96 bpm

EDV (Bi-plane) = 130.3 ml

ESV (Bi-plane) = 69.0 ml

EF (Bi-plane) = 47.1 %

SD tempo = 51.5 ms

AP2 Deform. long. = -15.1 %

AP4 Deform. long. = -14.9 %

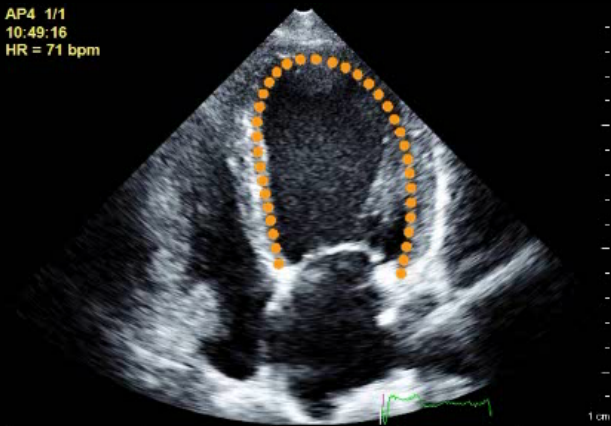
AP3 Deform. long. = -17.6 %

Globale Deform. long. = -15.9 %

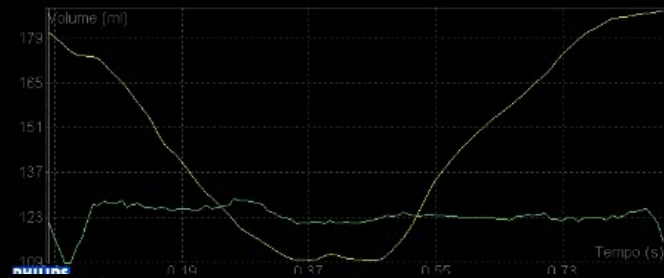
CALCOLO FE

PRE

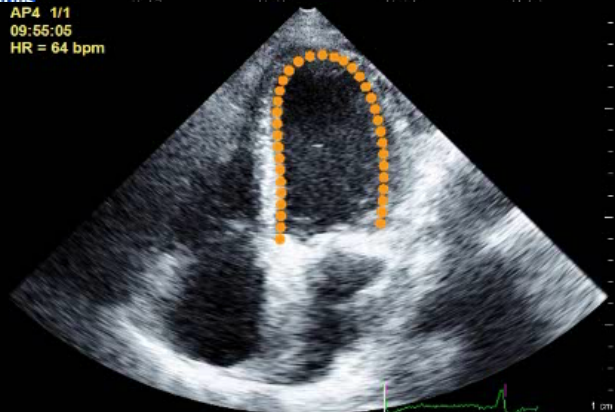
AP4 1/1
10:49:16
HR = 71 bpm



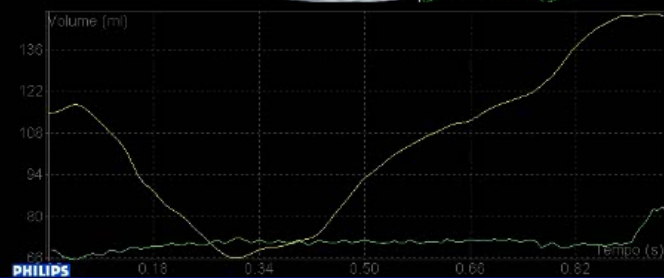
Misurazioni	
EDV	181.0 ml
ESV	109.4 ml
EF	39.5 %
Cicli cardiaci	
AV R-R	845 ms
MV R-R	845 ms



AP4 1/1
09:55:05
HR = 64 bpm



Misurazioni	
EDV	117.5 ml
ESV	66.2 ml
EF	43.7 %
Cicli cardiaci	
AV R-R	933 ms
MV R-R	933 ms

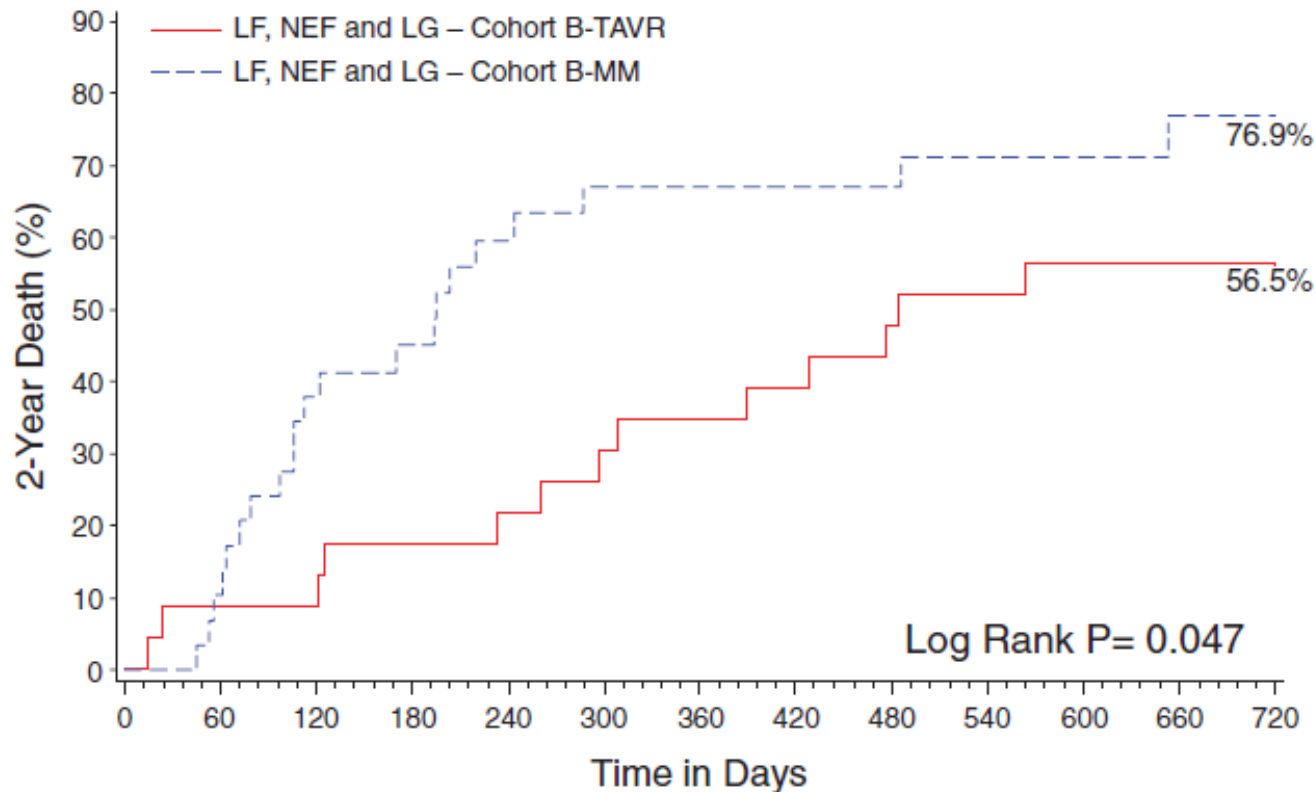


POST

Predictors of Mortality and Outcomes of Therapy in Low-Flow Severe Aortic Stenosis

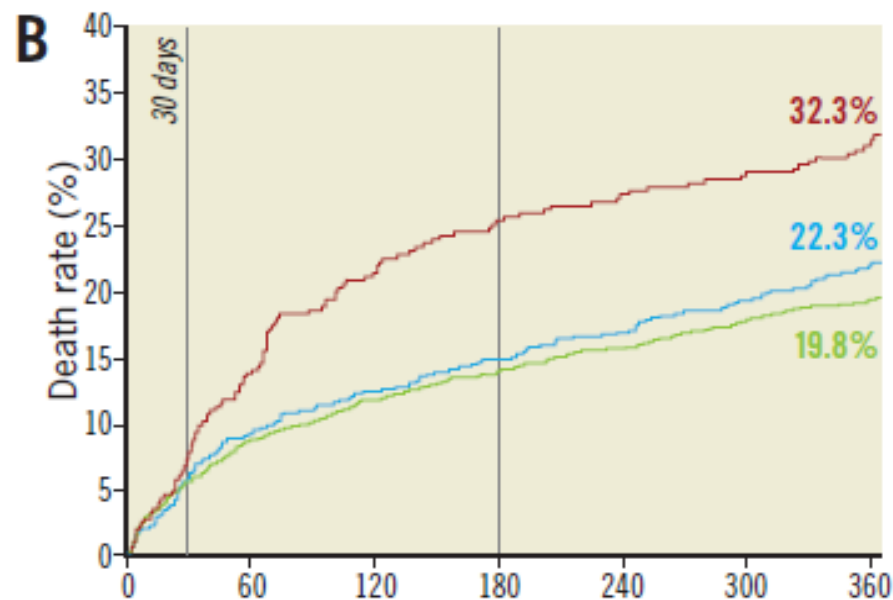
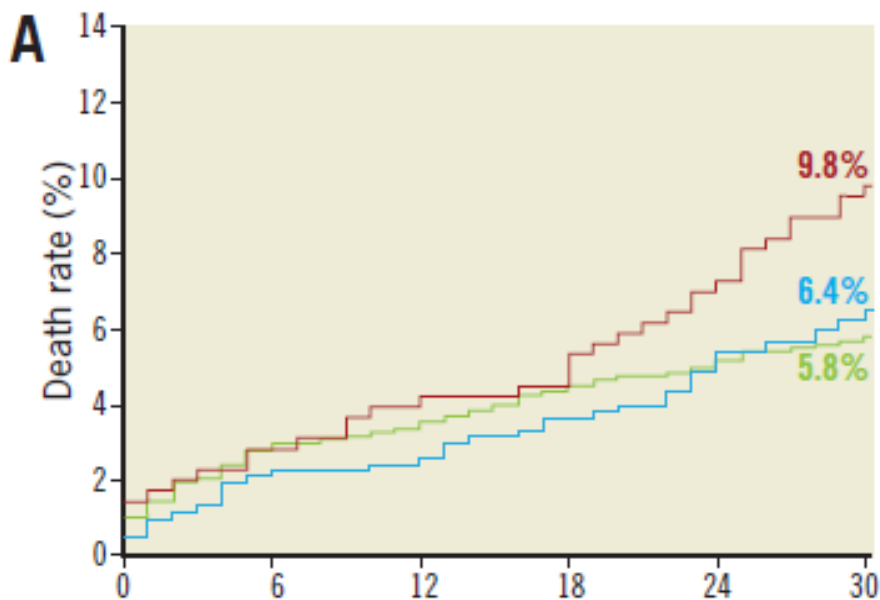
A Placement of Aortic Transcatheter Valves (PARTNER) Trial Analysis

Howard C. Herrmann, MD; Philippe Pibarot, PhD; Irene Hueter, PhD; Zachary M. Gertz, MD; William J. Stewart, MD; Samir Kapadia, MD; E. Murat Tuzcu, MD; Vasilis Babaliaros, MD; Vinod Thourani, MD; Wilson Y. Szeto, MD; Joseph E. Bavaria, MD; Susheel Kodali, MD; Rebecca T. Hahn, MD; Mathew Williams, MD; D. Craig Miller, MD; Pamela S. Douglas, MD; Martin B. Leon, MD



TAVI for low-flow, low-gradient severe aortic stenosis with preserved or reduced ejection fraction: a subgroup analysis from the German Aortic Valve Registry (GARY)

Alexander Lauten^{1*}, MD; Hans R. Figulla², MD; Helge Möllmann², MD; David Holzhey³, MD; Joachim Kötting⁴, MSc; Andreas Beckmann⁵, MD; Christof Veit⁴, MD; Jochen Cremer⁶, MD; Karl-Heinz Kuck⁷, MD; Rüdiger Lange⁸, MD; Ralf Zahn⁹, MD; Stefan Sack¹⁰, MD; Gerhard Schuler³, MD; Thomas Walther¹¹, MD; Friedhelm Beyersdorf¹², MD; Michael Böhm¹³, MD; Gerd Heusch¹⁴, MD; Thomas Meinertz¹⁵, MD; Till Neumann¹⁶, MD; Armin Welz¹⁷, MD; Friedrich W. Mohr³, MD; Christian W. Hamm², MD; on behalf of the GARY Executive Board



— Low-gradient AS — Paradoxical low-gradient AS — High-gradient AS

Management of Paradoxical Low-Flow, Low-Gradient Aortic Stenosis

Need for an Integrated Approach, Including Assessment of Symptoms, Hypertension, and Stenosis Severity*

Philippe Pibarot, DVM, PhD, Marie-Annick Clavel, DVM, PhD

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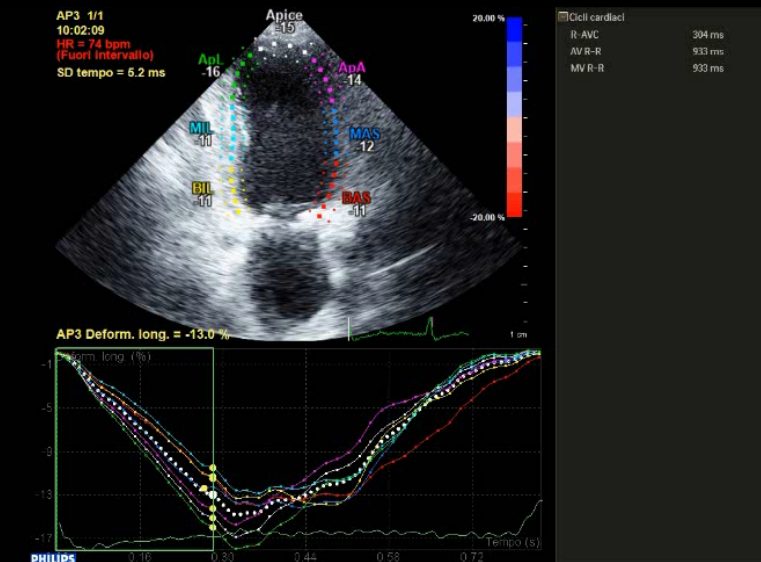
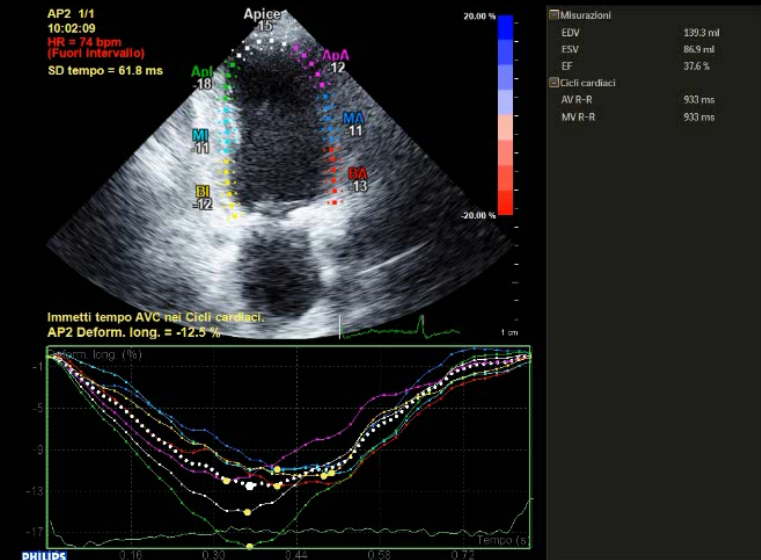
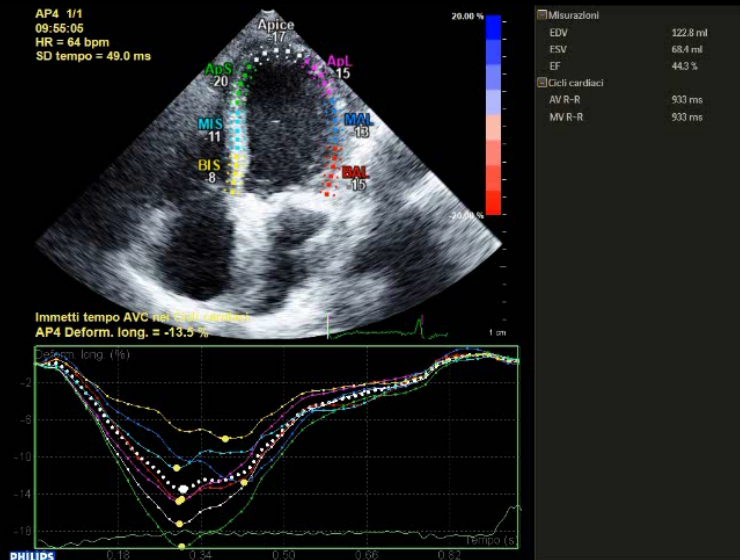
..... first rule out measurement errors and confirm that this is bona fide paradoxical LF/LG AS and not moderate AS with an underestimated SVi and AVA or severe AS with an underestimated gradient

STEP 1: IS THE PATIENT SYMPTOMATIC? If asymptomatic (confirmed by exercise testing), the patient can likely be managed conservatively. If symptomatic:

STEP 2: IS THE PATIENT HYPERTENSIVE? If so, antihypertensive therapy should be initiated or optimized, and symptoms and echocardiographic parameters should be **reassessed after normalization of blood pressure**.

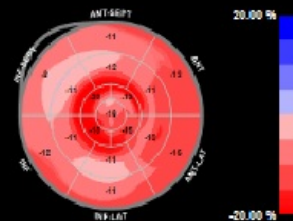
STEP 3: IS THE STENOSIS SEVERE? Pseudosevere AS, which may be present in 30% to 40% of LF/LG AS patients, must be ruled out. **Low-dose dobutamine stress echocardiography may be used**, but may not be applicable and/or conclusive in a significant proportion of patients with paradoxical LF/LG AS, particularly in those with restrictive LV physiology. Alternatively, **true severe versus pseudosevere AS may be differentiated using quantification of aortic valve calcification by MDCT, by applying different cutpoints in women (>1,200 AU) versus men (>2,000 AU)**.

STRAIN POST OPERATORIO



■ Deform. sistolica di picco

● Tempo picco



HR (Med.) = 71 bpm

EDV (Bi-plane) = 131.0 ml

ESV (Bi-plane) = 77.6 ml

EF (Bi-plane) = 40.8 %

SD tempo = 72.2 ms

AP2 Deform. long. = -12.5 %

AP4 Deform. long. = -13.5 %

AP3 Deform. long. = -13.0 %

Globale Deform. long. = -13.0 %



Guidelines on the management of valvular heart disease (version 2012)

Indications for aortic valve replacement in aortic stenosis

	Class ^a	Level ^b
AVR is indicated in patients with severe AS and any symptoms related to AS.	I	B
AVR is indicated in patients with severe AS undergoing CABG, surgery of the ascending aorta or another valve.	I	C
AVR is indicated in asymptomatic patients with severe AS and systolic LV dysfunction (LVEF <50%) not due to another cause.	I	C
AVR is indicated in asymptomatic patients with severe AS and abnormal exercise test showing symptoms on exercise clearly related to AS.	I	C



Guidelines on the management of valvular heart disease (version 2012)

AVR should be considered in high risk patients with severe symptomatic AS who are suitable for TAVI, but in whom surgery is favoured by a 'heart team' based on the individual risk profile and anatomic suitability.	IIa	B
AVR should be considered in asymptomatic patients with severe AS and abnormal exercise test showing fall in blood pressure below baseline.	IIa	C
AVR should be considered in patients with moderate AS ^d undergoing CABG, surgery of the ascending aorta or another valve.	IIa	C
AVR should be considered in symptomatic patients with low flow, low gradient (<40 mmHg) AS with normal EF only after careful confirmation of severe AS. ^e	IIa	C
AVR should be considered in symptomatic patients with severe AS, low flow, low gradient with <u>reduced EF, and evidence of flow reserve.</u> ^f	IIa	C
AVR should be considered in asymptomatic patients, with normal EF and none of the above mentioned exercise test abnormalities, if the surgical risk is low, and one or more of the following findings is present: <ul style="list-style-type: none"> • Very severe AS defined by a peak transvalvular velocity >5.5 m/s or; • Severe valve calcification and a rate of peak transvalvular velocity progression ≥ 0.3 m/s per year. 	IIa	C
AVR may be considered in symptomatic patients with severe AS low flow, low gradient, and <u>LV dysfunction without flow reserve.</u> ^f	IIb	C
AVR may be considered in asymptomatic patients with severe AS, normal EF and none of the above mentioned exercise test abnormalities, if surgical risk is low, and one or more of the following findings is present: <ul style="list-style-type: none"> • Markedly elevated natriuretic peptide levels confirmed by repeated measurements and without other explanations • Increase of mean pressure gradient with exercise by >20 mmHg • Excessive LV hypertrophy in the absence of hypertension. 	IIb	C

2014 AHA/ACC Guideline for the Management of Patients With Valvular Heart Disease: Executive Summary



A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines

Table 7. Summary of Recommendations for AS: Timing of Intervention

Recommendations	COR	LOE	References
AVR is recommended for symptomatic patients with severe high-gradient AS who have symptoms by history or on exercise testing (stage D1)	I	B	(10,57–59)
AVR is recommended for asymptomatic patients with severe AS (stage C2) and LVEF <50%	I	B	(60,61)
AVR is indicated for patients with severe AS (stage C or D) when undergoing other cardiac surgery	I	B	(62,63)
AVR is reasonable for asymptomatic patients with very severe AS (stage C1, aortic velocity ≥ 5.0 m/s) and low surgical risk	IIa	B	(64,65)
AVR is reasonable in asymptomatic patients (stage C1) with severe AS and decreased exercise tolerance or an exercise fall in BP	IIa	B	(27,38)
AVR is reasonable in symptomatic patients with low-flow/low-gradient severe AS with reduced LVEF (stage D2) with a low-dose dobutamine stress study that shows an aortic velocity ≥ 4.0 m/s (or mean pressure gradient ≥ 40 mm Hg) with a valve area ≤ 1.0 cm ² at any dobutamine dose	IIa	B	(66–68)
AVR is reasonable in symptomatic patients who have low-flow/low-gradient severe AS (stage D3) who are normotensive and have an LVEF $\geq 50\%$ if clinical, hemodynamic, and anatomic data support valve obstruction as the most likely cause of symptoms	IIa	C	N/A
AVR is reasonable for patients with moderate AS (stage B) (aortic velocity 3.0–3.9 m/s) who are undergoing other cardiac surgery	IIa	C	N/A
AVR may be considered for asymptomatic patients with severe AS (stage C1) and rapid disease progression and low surgical risk	IIb	C	N/A

AS indicates aortic stenosis; AVR, aortic valve replacement by either surgical or transcatheter approach; BP, blood pressure; COR, Class of Recommendation; LOE, Level of Evidence; LVEF, left ventricular ejection fraction; and N/A, not applicable.

2014 AHA/ACC Guideline for the Management of Patients With Valvular Heart Disease: Executive Summary



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Table 7. Summary of Recommendations for AS: Timing of Intervention

Recommendations	COR	LOE
AVR is recommended for symptomatic patients with severe high-gradient AS who have symptoms by history or on exercise testing (stage D1)	I	B
AVR is recommended for asymptomatic patients with severe AS (stage C2) and LVEF <50%	I	B
AVR is indicated for patients with severe AS (stage C or D) when undergoing other cardiac surgery	I	B

2014 AHA/ACC Guideline for the Management of Patients With Valvular Heart Disease: Executive Summary



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AVR is reasonable in symptomatic patients with low-flow/low-gradient severe AS with reduced LVEF (stage D2) with a low-dose dobutamine stress study that shows an aortic velocity ≥ 4.0 m/s (or mean pressure gradient ≥ 40 mm Hg) with a valve area ≤ 1.0 cm² at any dobutamine dose

IIa

B

(66–68)

AVR is reasonable in symptomatic patients who have low-flow/low-gradient severe AS (stage D3) who are normotensive and have an LVEF $\geq 50\%$ if clinical, hemodynamic, and anatomic data support valve obstruction as the most likely cause of symptoms

IIa

C

N/A

